

October 2025

Callier Child Development Program



Announcements

Fruit is lightly drained

Vegetable: Steamed or served
raw Milk: Whole, and 1%

Condiments are served upon
request



Canned fruit can be sub for
fresh fruit or vice versa
depending on availability

Menu planned choices may
change due to shortage in the
warehouse

All food items served are
whole grain with reduced
sugar .

Monday	Tuesday	Wednesday	Thursday	Friday
		1 B-Cheerios, Toast, Peaches, Milk L-Chicken Alfredo, Mixed veggies, Pears, Milk S-Goldfish	2 B-Nutri-grain bar, Cheese Stick, Pineapples, Milk L-Beef & cheese Mac Steamed Normandy, Oranges, Milk S- Baby Carrots & Ranch	3 -Egg Patty, Toast, Apples, Milk L-Chicken strips, Potato Wedges, Peaches, Milk S-Fruit cups
6 B-Biscuit, Turkey Sausage, Mandarin oranges, Milk L-Spaghetti, corn, Pears, Milk S-Animal crackers	7 B- Apple Cinnamon Whole Grain Muffin Chicken Sausage , Apricots, Milk L-Chicken Fajitas, Black beans, Apples, Milk S-Cheez-ITS	8 B-Chex Cereal, Cheese Stick, Applesauce, Milk L-Grilled Cheese Sandwich, Steamed Carrots, Peaches, Milk S- Graham Crackers	9 B-Banana Bread, Vanilla Yogurt, Pears L- Beef Tacos, Pinto Beans, Fresh Oranges, Milk S-Veggie Chips	10 Waffles, Sausage, B-Pineapples, Milk L-Meatballs, Roll, Broccoli, Bananas, Milk S-Apples
13 B-Cheerios, Cheese Stick, Mandarins, Milk L-Fish Shapes, Mixed Vegetables, Apricots, Milk S--Yogurt	14 B- French Toast, Applesauce, Milk L-Cheese Pizza, Corn, Apricots, Milk S-Gold	15 B-Corn flakes, Toast, Tropical Fruit, Milk L-Sloppy Joe, Mixed Veggies, Peaches, Milk S-Chex mix cheddar	16 B-Breakfast Pizza, Bananas, Milk L-Chicken Taco, Black Beans, Pears, Milk S-Cucumber & Ranch	17 B-Pancakes, Sausage, Cantaloupe, Milk L- Salisbury Steak, Mash Potatoes, Roll, Broccoli, Milk Cantaloupe, Milk S- Mandarin Cups
20 B- Egg patty, Toast, Honey Dew, Milk L-Grilled Chicken Sandwich, Green beans, Mixed fruit, Milk S-Apples	21 B-Nutri-grain bar, Cheese Stick ,Apricots, Milk L-Meatloaf, Normandy Vegetables , Roll, Pears, Milk, S-Animal Crackers	22 B- Cheerios, Toast Peaches, Milk L-Salisbury Steak, Broccoli, Apples, Milk S-Graham crackers	23 B-Breakfast Pizza, Mixed fruit, & Milk L-Chicken Nuggets, Baked beans, Pineapples, Milk S-Applesauce cups	24 B-Pancakes, Sausage, Oranges, Milk L-Hamburgers, Fries, Banana Milk S-Veggie chips
27 B-Whole Grain Blueberry Muffin, Pineapple, Sausage, Milk L-Chicken Parmesan, Normandy Vegetables Broccoli, , Mixed fruit, Milk S-Yogurt	28 B- Turkey Sausage Breakfast Burritos Tropical fruit Salad, Milk L-Pizza, Corn, Apples, Milk S- Chex Cheddar Mix	29 B-Cheerios, Toast, Peaches, Milk L-Chicken Alfredo, Mixed Veggies, Pears, Milk S-Goldfish	30 B-Nutri-grain bar, Cheese Stick, Pineapple, Milk L-Beef & cheese mac, Carrots, Oranges, Milk S-Banans	31 B-Egg Patty, Toast, Apples, Milk L-Chicken Nuggets, Potato Wedges, Bananas S-Fruit cups



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



www.SquareMeals.org

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25