

February 2025 | Callier Child Development Program



Announcements:

- Can fruit is lightly drained
- Milk: Whole Milk or 1% Milk served with breakfast and lunch
- Vegetable: Steamed or served raw
- Condiments are served upon request
- Menu planned choices may change due to shortage in the warehouse
- All food items served are whole grain rich/reduced sugar
- Canned fruit can be sub for fresh fruit or vice versa depending on availability.

Monday	Tuesday	Wednesday	Thursday	Friday
3 B- Corn flakes, Toast Peaches, Milk L-Beef & cheese mac, Green beans, Oranges, Milk S-Cheez its	4 B-Nutri-grain bar, Sausage, Fresh fruit, Milk L-Salisbury steak sandwich, Broccoli, Mixed Fruit, Milk S-Graham crackers	5 B-Pancakes, Sausage, Fresh fruit, Milk L-Hamburgers, Fries, Honey dew, Milk S-Veggie chips	6 B-Whole grain muffin, Pineapple, Sausage Milk L-Sweet and sour chicken, Roll, Broccoli, Fresh fruit, Milk S-Yogurt	7 B-Egg Patty, Toast, Pears, Milk L-Pizza, Corn, Apricots, Milk S- Applesauce
10 B-Cheerios, Toast, Peaches, Milk L-Turkey sandwich, Mixed veggies, Pears, Milk S-Animal crackers	11 B-Breakfast Pizza, Mixed fruit, & Milk L-Beef taco, Pinto beans, Orange/Mandarin Oranges, Milk S-Chex mix cheddar	12 B-French Toast, Banana, Sausage, Milk L-Chicken strips, Green beans, mixed fruit S-Fresh fruit	13 B-Biscuit, Sausage, Pineapple, Milk L-Spaghetti, Salad/corn, Peaches Milk S-Cucumber & Ranch	14 B-Nutri-grain bar, Sausage, Apricots, Milk L-Chicken Fajitas, Tortillas, Black beans, Apples, Milk S-Cheese it'
17 B-Chex, Toast, Applesauce, Milk L-Grilled cheese sandwich, Carrots, Peaches, Milk S-Teddy Grahams	18 B-Muffin, Sausage Pears, Milk L-Soft chicken taco, baked beans, pineapples, Milk S- Crackers, & Cheese	19 B-Waffles, Sausage, Fresh fruit, Milk L-Meatballs, Roll, Broccoli, Apples/applesauce, Milk S-Veggie chips	20 B-Biscuit, Sausage, Fresh Fruit, Milk L-Fish shapes, mixed vegetables, Fresh fruit, Milk S--Yogurt	21 B-Egg Patty, Toast, Pears, Milk L-Pizza, Corn, Apricots, Milk S-Fresh fruit
24 B-Corn flakes, Toast, Pears, Milk L-Sloppy joe, mixed veggies, peaches, Milk S-Chex mix	25 B-Breakfast Pizza, Mixed fruit, Milk L-Beef taco, Black beans, Pears, Milk S-Mixed fruit cup	26 B-Pancakes, Sausage, Fresh fruit, Milk L- Salisbury steak, Roll, Corn, Fresh Fruit, Milk S- Cucumber & ranch	27 B- Egg patty, Toast, Peaches, Milk L-Grilled chicken Sandwich, Green beans, mixed fruit, Milk S-Fresh fruit	28 B-Nutri-grain bar, Sausage, Apricots, Milk L-Meatloaf, Mashed potatoes, Roll, Applesauce, Milk S-Cheese sticks & crackers



Beets

Season in Texas: January - March;
September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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 National School Lunch Program