

INFANTS, TODDLERS, PRESCHOOL, KINDER

MONDAY

3RD B- Assorted Cereal, Toast, Apples/I&T Applesauce, Milk
L-Turkey& Cheese Sand, Carrot Sticks/I&T Carrots Juice/I&T Applesauce
S-Cheez-it

10TH B- WG Breakfast Muffin, Baked Apples, Milk
L- Chicken Fajita, Black Beans, Tropical Fruit Salad, Milk
S- Animal Crackers/I&T Cereal Bar

17TH B-WG Breakfast Bar, Turkey Sausage, Oranges/I&T Mandarin Oranges, Milk
L- Grilled Cheese Sand, Broccoli, Tropical Fruit Salad, Milk
S- Cheddar Chex Mix

24TH B- Egg Pattie, Toast, Tropical Fruit Salad, Milk
L- Sweet & Sour Chicken, Green Beans, Pineapple, Roll, Milk
S- Yogurt

31ST B- Assorted Cereal, Graham Crackers, Peaches, Milk
L- Chicken Fajita, Black Beans, Tropical fruit Salad, Milk
S- Goldfish

TUESDAY

4TH

CALLIER CLOSED

11TH B- WG Biscuit & Turkey Sausage, Pineapple, Milk
L- BBQ Beef Sand, Broccoli, Peaches, Milk
S- Goldfish

18TH B- Turkey Sausage, Toast, Pears, Milk
L- Grilled Chicken Sand, Corn, Peaches, Milk
S-Cucumber& Ranch

25TH B- WG Waffles, Turkey Sausage, Baked Pears, Milk
L- Beef Soft Taco, Pinto Beans, Apples/I&T Applesauce, Milk
S-Carrots & Ranch

WEDNESDAY

5TH B-WG Pancake, Toast, Banana, Milk
L- Hamburger, French Fries, Peaches, Milk
S-Teddy Grahams/I&T Cheerios

12TH B- Assorted Cereal, Toast, Banana, Milk
L- Spaghetti w/meat sauce, Lettuce & Tomato Salad, Applesauce, Roll, Milk
S- Yogurt

19TH B- Assorted Cereal, Toast, Banana, Milk
L- Chicken Alfredo, Green Beans, Applesauce, Milk
S-Teddy Grahams/I&T Cheerios

26TH B- Assorted Cereal, Toast, Banana, Milk
L- Beef & Cheese Mac, Mixed Veggies, Diced Pears, Roll, Milk
S- Graham Crackers

THURSDAY

6TH Egg Pattie, Toast, Oranges/I&T Mandarin Oranges, Milk
L- Chicken Nuggets, Green Beans, Pears, Milk
S- Fresh Fruit

13TH B- WG Breakfast Burrito, Baked Pears, Milk
L- Steak Fingers, Corn, Mixed Fruit, Milk
S- Fresh Fruit

20TH B- Breakfast Pizza, Mixed Fruit, Milk
L- Fish Shapes, Tatar tots, Pineapples, Milk
S- Fresh Fruit

27TH B- WG Biscuit, Turkey Sausage, Mixed Fruit, Milk
L- Meatloaf, Corn, Peaches, Roll, Milk
S- Fresh Fruit

FRIDAY

7TH B- Turkey Sausage, Toast, Mixed Fruit, Milk
L- Turkey Taco Burger, Pinto Beans, Pineapples, Milk
S- Cheese & Crackers

14TH B- Assorted Cereal, Graham Crackers, Peaches, Milk
L- Pizza, Mixed Veggies, Pineapple, Milk
S- Graham Crackers

21ST B-WG Breakfast Muffin, Baked Apples, Milk
L- Turkey& Cheese Sand, Carrot Sticks/I&T Carrots, Juice/ I&T Fruit cup, Milk
S-Cheez-it

28TH
CALLIER CLOSED

JUL

MENU 2023

GEAR UP FOR SPANISH CLASS



ANNOUNCEMENTS:

- Fruit is Lightly Drained
- Vegetable: Steamed or Served Raw
- Milk: Whole, 1%, Skim
- Condiments Are Served Upon Request
- Fresh Fruit is being served 4 to 5 times a week over canned
- Fresh Fruit can be Sub for Canned Fruit or Vice depending on Availability
- Menu Planned Choices May Change Do to Shortage in the Warehouse
- All Food items Served are Whole Grain Rich/or Reduced Sugar



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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