

INFANTS, TODDLERS, PRESCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST B- Egg Pattie, Toast, Applesauce, Milk
L- Beef Taco, Pinto Beans, Mandarin Oranges, Milk
S- Animal Crackers/I&T Cereal Bar

2ND B- Assorted Cereal, Toast, Banana, Milk
L- Hamburger, Baked Beans, Pineapples, Milk
S- Yogurt

3RD B-Pancake, Turkey Sausage, Baked Apples, Milk
L-Fish Shapes, Corn, Pear, Milk
S- Fresh Fruit

4TH B- Turkey, Toast, Peaches, Milk
L- Turkey & Cheese Sand, Broccoli, Mixed Fruit, Milk
S-Graham Crackers

7TH B-Assorted Cereal, Toast, Mixed Fruit, Milk
L- Meatballs w/sauce, Green Beans, Roll, Tropical Fruit Salad, Milk
S- Cheese & Crackers

8TH B- WG Waffles & Turkey Sausage, Pears, Milk
L- Grilled Chicken Sand, Cucumbers & Ranch, Apples/ I&T Applesauce, Milk
S- SF Pudding

9TH B- Assorted Cereal, Graham Crackers, Banana, Milk
L- Salisbury Steak, Mashed Sweet Potatoes, Roll, Oranges/I&T Mandarin Oranges, Milk
S- Goldfish

10TH B- WG Breakfast Bar, Turkey Sausage, Juice/I&T Fruit Cup, Milk
L- BBQ Beef Sand, Mixed Veggies, Pineapples, Milk
S- Fresh Fruit

11TH B – WG Breakfast Pizza, Fruit Salad, Milk
L- Turkey & Cheese Roll-up, Corn, Peaches, Milk
S- Cheddar Chex Mix

14TH B- WG Breakfast Muffin, Baked Pears, Milk
L- Turkey Taco Burger, Black Beans, Pineapple, Milk
S- Teddy Grahams/ I& T Cheerios

15TH B- WG Biscuit, Turkey Sausage, Apples/ I&T Applesauce, Milk
L- Hamburger, Baked Beans, Mixed Fruit, Milk
S- Carrots & Ranch/ I&T yogurt

16TH B- Assorted Cereal, Toast, Peaches, Milk,
L- Meatloaf, Mashed Potatoes, Roll, Watermelon, Milk
S- Cheez-it

17TH B- WG Breakfast Burrito, Pineapples, Milk
L-Cheese Quesadilla, Pinto Beans, Oranges/I&T Mandarin Oranges, Milk

18TH B- Assorted Cereal, Graham Crackers, Mixed Fruit, Milk
L- Grilled Cheese Sand, Broccoli, Peaches, Milk
S- Cheese & Crackers

21ST B- WG Breakfast Bar, Turkey Sausage, Fruit Salad, Milk
L- Pasta Salad, Applesauce, Goldfish, Milk
S- Carrots & Ranch/ I&T Pudding

22ND B-Turkey Sausage, Toast, Juice/I&T Fruit Cup, Milk
L- Chicken Fajita, Black Beans, Mixed Fruit, Milk
S- Graham Crackers

23RD Assorted Cereal, Toast, Apples/I&T Applesauce, Milk
L- BBQ Beef Sand, Green Beans, Cantaloupe, Milk
S- Cheddar Chex Mix

24TH B- WG Pancakes, Turkey Sausage, Baked Apples, Milk
L- Pizza Sticks, Raw Broccoli/I&T Steamed Broccoli, Diced Pears, Milk
S- Fresh Fruit

25TH B- WG Breakfast Muffin, Turkey Sausage, Peaches, Milk
Turkey & Cheese Sand, Mixed Veggies, Pineapples, Milk
S- Animal Crackers/I&T Cereal Bar

28TH B- Egg Pattie, Toast, Mixed Fruit, Milk
L- Hamburgers, Corn, Diced Pears, Milk
S- Goldfish

29TH B- WG Breakfast Pizza, Apple/I&T Applesauce, Milk
L- Fish Shapes, French Fries, Peaches, Milk
S- Yogurt

30TH B- Assorted Cereal, Toast, Pineapples, Milk
L-Beef & Cheese Mac, Green Blacks, Oranges/I&T Mandarin Oranges, Roll, Milk
S- Graham Crackers

31ST B- WG Biscuit, Turkey Sausage, Fruit Salad, Milk
L- Pizza Stick, Mixed Veggies, watermelon, Milk
S- Fresh Fruit

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

- Fruit is Lightly Drained
- Vegetable: Steamed or Served Raw
- Milk: Whole, 1%, Skim
- Condiments Are Served Upon Request
- Fresh Fruit is being served 4 to 5 times a week over canned
- Fresh Fruit can be Sub for Canned Fruit or Vice depending on Availability
- Menu Planned Choices May Change Do to Shortage in the Warehouse
- All Food items Served are Whole Grain Rich/or Reduced Sugar



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 8/1/2023
www.SquareMeals.org