

INFANTS, TODDLERS, PRESCHOOL, KINDER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5TH B- WG Breakfast Muffin, Baked Apples, Milk
L-Grilled Chicken Sand, Corn, Peaches, Milk
S- Cheez-it

6TH B- WG Biscuit, Turkey Sausage, Mixed Fruit, Milk
L- Salisbury Steak, Mashed Sweet Potatoes, Pears, Roll, Milk
S- Cheese& Crackers

7TH B- Assorted Cereal, Toast, Banana, Milk
L- Chicken Alfredo, Broccoli, Fruit Salad, Milk
S- Graham Crackers

8TH B- WG Breakfast Burrito, Apples/I&T Applesauce, Milk
L- BBQ Beef Sand. Mixed Veggies, Pineapples, Milk
S- Fresh Fruit

9TH B- Assorted Cereal, Graham Crackers, Juice/I&T Fruit Cup, Milk
L- Steak Finger, French Fries, Applesauce, Milk
S-Gold

12TH B- WG Breakfast Bar, Turkey Sausage, Diced Pears, Milk
L- Sweet & Sour Chicken, Green Beans, Pineapple, Roll, Milk
S- Cheddar Chex Mix

13TH B-WG Breakfast Pizza, Fruit Salad, Milk
L- Beef & Cheese Mac, Mixed Veggies, Pears, Roll, Milk
S- Pudding

14TH B- Assorted Cereal, Toast, Banana, Milk
L- Spaghetti w/sauce, Lettuce & Tomato Salad, Peaches, Milk
S- Teddy Grahams/I&T Cheerios

15TH B- Turkey Sausage, Toast, Applesauce, Milk
L-Pizza Sticks, Broccoli, Mixed Fruit, Milk
S- Fresh Fruit

16TH B- WG Breakfast Muffin, Turkey Sausage, Baked Apples, Milk
L-Meatloaf, Corn, Orange/I&T Mandarin, Orange, Roll, Milk
S- Animal Crackers/I&T Cereal Bar

19TH B- Egg Pattie, Toast, Pineapple, Milk
L- Turkey Taco Burger, Pinto Beans, Applesauce, Milk
S-Yogurt

20TH B- WG Pancake, Turkey Sausage, Pear, Milk
L-Meatballs w/Sauce, Carrots, Mixed Fruit, Roll, Milk
S- Cucumber& Ranch

21ST B- Assorted Cereal, Toast, Banana, Milk
L- Chicken Nuggets, Green Beans, Peaches, Milk
S- Cheese & Crackers

22ND B- WG Breakfast Pizza, Apple/I&T Applesauce, Milk
L-Hamburger, French Fries, Peaches, Milk
S-Fresh Fruit

23rd B- Assorted Cereal, Toast, Mixed Fruit, Milk
L- Turkey & Cheese Sand. Mixed Veggies, Fruit Salad, Milk
S- Cheddar Chex Mix

26TH B- Assorted Cereal, Graham Cracker, Oranges/ I&T Mandarin Oranges, Milk
L- Chicken Fajita, Pinto Beans, Pineapple, Milk
S- Animal Crackers/I&T Cereal Bar

27TH B- WG Waffles& Turkey Sausage, Juice/I&T Fruit Cup, Milk
L- Grilled Cheese Sand., Corn, Peaches, Milk
S- Carrots & Ranch

28TH B- Assorted Cereal, Toast, Banana, Milk
L-BBQ Beef Sand. Broccoli, Pears, Milk
S- Graham Crackers

29TH B- WG Biscuit, Turkey Sausage, Fruit Salad, Milk
L-Fish Shapes, French Fries, Applesauce, Milk
S- Fresh Fruit

30TH B- Egg Pattie, Toast, Pineapples, Milk
L- Pizza Sticks, Mixed Veggies, Mixed Fruit, Milk
S- Pudding

JUN

MENU 2023

GEAR UP FOR PUSH-UP CHALLENGE



ANNOUNCEMENTS:

- Fruit is Lightly Drained
- Vegetable: Steamed or Served Raw
- Milk: Whole, 1%, Skim
- Condiments Are Served Upon Request
- Canned Fruit can be Sub for Fresh Fruit or Vice depending on Availability
- Menu Planned Choices May Change Do to Shortage in the Warehouse
- All Food items Served are Whole Grain Rich/or Reduced Sugar



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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