

INFANTS, TODDLERS, PRESCHOOL, KINDER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1ST B- Assorted Cereal, Toast, Banana, Milk
L- Chicken Fajita's, Pinto Beans, Pineapples, Milk
S- Animal Crackers/ I&T Cereal Bars

2ND B- Pancakes, Turkey Sausage, Applesauce, Milk
L- Chicken Nuggets, Corn, Mixed Fruit, Milk
S- Fresh Fruit

3RD B- Assorted Cereal, Graham Crackers, Oranges/ I&T Mandarin Oranges, Milk
L- Grilled Cheese, Broccoli Peaches, Milk
S- Yogurt

6TH Banana Muffin, Baked Apples, Milk
L- Pizza Stick, Mixed Veggie, Diced Pears, Milk
S- Graham Crackers

7TH B- Biscuit, Turkey Sausage, Pineapple, Milk
L- Sloppy Jo, Tater Tots, Peaches, Milk
S- Cheese & Crackers

8TH B- Assorted Cereal, Toast, Banana, Milk
L- Chicken Alfredo, Lettuce & Tomato Salad, Applesauce, Milk
S- Cheez- it

9TH B- Breakfast Burrito, Mandarin Oranges, Milk
L- Fish Shapes, French Fries, Pears, Milk
S- Fresh Fruit

10TH B- Assorted Cereal, Graham Crackers, Pineapples, Milk
L- Hamburger, Green Bean Peaches, Milk
S- Goldfish

13TH B- Breakfast Bar, Turkey Sausage, Mixed Fruit, Milk
L- Beef Soft Taco, Black Beans, Apples/I&T Applesauce, Milk
S- Cucumbers & Ranch

14TH B- Turkey Sausage, Toast, Diced Pears, Milk
L- Steak Fingers, Mashed Potatoes, Peaches, Roll, Milk
S- Teddy Grahams / I&T Cheerios

15TH B- Assorted Cereal, Toast, Banana, Milk
L- Meatballs w/ Sauce, Broccoli, Mixed Fruit, Roll, Milk
S- Pudding

16TH B- Waffles, Turkey Sausage, Peaches, Milk
L- Salisbury Steak, Mixed veggies, Diced Pears, Roll, Milk
S- Fresh Fruit

17TH B- Blueberry Muffin, Turkey Sausage, Baked Apples, Milk
L- Turkey & Cheese Sand, Corn, Pineapples, Milk
S- Cheddar Chex Mix

20TH B- Egg Patty, Toast, Applesauce, Milk
L- Turkey Taco Burger, Pinto Beans, Pineapples, Milk
S- Teddy Grahams/I&T Cheerios

21ST B- Pancakes, Turkey Sausage, Oranges/I&T Mandarin Oranges, Milk
L- Hamburger, French Fries, Peaches, Milk
S- Cheez- it

22ND B- Assorted Cereal, Toast, Banana, Milk
L- Meatloaf, Mashed Potatoes, Diced Pears, Roll, Milk
S- Graham Crackers

23RD B- Breakfast Burrito, Peaches, Milk
L- Chicken Nuggets, Green Beans, Mixed Fruit, Milk
S- Fresh Fruit

24TH B- Assorted Cereal, Toast, Juice, Milk
L- Turkey & Cheese, Carrots, Applesauce, Milk
S- Cheese & Crackers

27TH B- Assorted Cereal, Graham Crackers, Mixed Fruit, Milk
L- Sweet & Sour Chicken, Green Beans, Peaches, Roll, Milk
S- Goldfish

28TH B- Waffles, Turkey Sausage, Apples/ I&T Applesauce, Milk
L- Pizza, Lettuce & Tomato Salad, Mandarin Oranges, Milk
S- Carrots & Ranch

29TH B- Assorted cereal, Toast, Banana, Milk
L- Beef & Cheese Mac, Mixed Veggie, Diced Pears, Roll, Milk
S- Teddy Graham/Cheerios

30TH B- Breakfast Pizza, Applesauce, Milk
L- Chicken Fajita, Black Bean, Pineapple. Milk
S- Fresh Fruit

31ST B- Biscuit, Turkey Sausage, Juice, Milk
L- BBQ Beef Sand, Broccoli, Mixed Fruit, Milk
S- Animal Crackers/ Cereal Bars

MAR

MENU 2023

GEAR UP FOR CHOIR



ANNOUNCEMENTS:

- Fruit is Lightly Drained
- Vegetable: Steamed or Served Raw
- Milk: Whole, 1%, Skim
- Condiments Are Served Upon Request
- Canned Fruit can be Sub for Fresh Fruit or Vice depending on Availability
- Menu Planned Choices May Change Do to Shortage in the Warehouse
- All Food items Served are Whole Grain Rich/or Reduced Sugar



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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