

INFANTS, TODDLERS, PRESCHOOL, KINDER

MONDAY

3RD B- Banana Muffin, Baked Apples, Milk
L- Chicken Nuggets, Green Beans, Diced Pears, Roll, Milk
S- Yogurt

10TH B- Breakfast Bar, Turkey Sausage, Apple/I&T Applesauce, Milk
L- Chicken Fajita, Black Beans, Pineapples, Milk
S- Graham Cracker

17TH B- Pancake, Turkey Sausage, Mandarin Oranges, Milk
L- Sweet & Sour Chicken, Mixed Veggie, Peaches, Roll, Milk
S- Teddy Grahams/ Cheerios

24TH B- Assorted Cereal, Graham Cracker, Applesauce, Milk
L- Beef Soft Taco, Pinto Beans, Pineapples, Milk
S- Cheddar Chex Mix

TUESDAY

4TH B- Biscuit, Turkey Sausage, Peaches, Milk
L- Turkey Taco Burger, Pinto Beans, Pineapple Milk
S- Animal Crackers/ I&T Cereal Bar

11TH B- Turkey Sausage, Toast, Mixed Fruit, Milk
L- Grilled Cheese, Broccoli, Diced Pears, Milk
S- Goldfish

18TH B- Egg Pattie, Toast, Applesauce, Milk
L- Pizza, Lettuce & Tomato Salad, Corn, Pineapple, Milk
S- Cucumber & Ranch

25TH B- Waffle, Turkey Sausage, Baked Apple, Milk
L- Sloppy Jo, Corn, Peaches, Milk
S- Carrots & Ranch

WEDNESDAY

5TH B- Assorted Cereal, Toast, Banana, Milk
L- Meatloaf, Mashed Potatoes, Mixed Fruit, Roll, Milk
S- Cheese & Crackers

12TH B- Assorted Cereal, Toast, Banana, Milk
L- Beef Ravioli w/ Sauce, Green Beans, Applesauce, Roll, Milk
S- Cheddar Chex Mix

19TH B- Assorted Cereal, Graham Cracker, Banana, Milk
L- Spaghetti w/ Sauce, Carrots, Diced Pears, Milk
S- Animal Crackers/Cereal Bar

26TH B- Assorted Cereal, Toast, Banana, Milk
L- Meatballs w/ Sauce, Broccoli, Apples/I&T Applesauce, Roll, Milk
S- Cheese & Crackers

THURSDAY

6TH B- Breakfast Burrito, Oranges/I&T Mandarin Oranges, Milk
L- Turkey & Cheese Sand. Corn, Applesauce, Milk
S- Fresh Fruit

13TH B- Breakfast Pizza, Pineapple, Milk
L- Grilled Chicken Sand, Corn, Mixed Fruit, Milk
S- Fresh Fruit

20TH B- Breakfast Bar, Turkey Sausage, Mixed Fruit, Milk
L- Beef & Cheese Mac, Green Beans, Oranges/I&T Mandarin Oranges, Milk
S- Fresh Fruit

27TH B- Biscuit, Turkey Sausage, Fruit Salad, Milk
L- Fish Shape, French Fries, Diced Pears, Milk
S- Fresh Fruit

FRIDAY

7TH B- Assorted Cereal, Graham Cracker, Diced Pears, Milk
L- Hamburgers, French Fries, Peaches, Milk
S- Cheez- it

14TH B- Blueberry Muffin, Turkey Sausage, Baked Apples, Milk
L- Fish Shapes, Tater Tots, Diced Pears, Milk
S- Pudding

21ST B- Assorted Cereal, Toast, Apple/I&T Applesauce, Milk
L- BBQ Chopped Chicken, Broccoli, Mixed Fruit, Milk
S- Grahams

28TH Assorted Cereal, Toast, Peaches, Milk
L- Turkey & Cheese Sand, Mixed Veggie, Mixed Fruit, Milk
S- Cheez-it

APR

MENU 2023

GEAR UP FOR BASKETBALL



ANNOUNCEMENTS:

- Fruit is Lightly Drained
- Vegetable: Steamed or Served Raw
- Milk: Whole, 1%, Skim
- Condiments Are Served Upon Request
- Canned Fruit can be Sub for Fresh Fruit or Vice depending on Availability
- Menu Planned Choices May Change Do to Shortage in the Warehouse
- All Food items Served are Whole Grain Rich/or Reduced Sugar



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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