

INFANTS, TODDLER, PRESCHOOL, & KINDER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SEPT

MENU 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

All Grain/
Whole/Fruit is Lightly
Drained
Vegetable: Steamed
or Served Raw
Milk: Whole, 1%,
Skim
Condiments Are
Served Upon Request
Fresh Fruit Can Be
Sub For Canned Fruit
Menu Planned
Choices May Change
Do To Shortages in
the warehouse

5TH

Closed

6TH B- Apple Cinnamon Bar, T. Sausage, Juice, Milk
L- Chicken Fajita, Black Beans, Pineapples, Milk
S- Grahams

7TH B- Assorted Cereal, Banana, Milk
L- Chicken Alfredo, Green Beans, Apple/I&T Applesauce, Milk
S- Carrot & Ranch/ I&T Yogurt

8TH French Toast, Applesauce, Milk
L- Grilled Cheese, Steamed Broccoli, Peaches, Milk
S-Fresh Fruit

9TH B-Biscuit, T. Sausage, Mixed Fruit, Milk
L- Hamburgers Potato Puffs, Peaches, Milk
S- Cheez-it

12TH B-Blueberry Muffin, Baked Apples, Milk
L- Fish Shapes, Sweet Potato, Pears, Roll, Milk
S-Fresh Fruit

13TH B-Pancake, T Sausage, Peaches, Milk
L- Sweet & Sour Chicken, Green Beans, Pineapple, Roll, Milk
S- Goldfish

14TH B-Assorted Cereal, Toast, Banana, Milk
L- Spaghetti w/Meat Sauce, Carrots, Mixed Fruit, Milk
S- Cheddar Chex-Mix

15TH B-Blueberry Bar, T Sausage, Applesauce, Milk
L- Meatloaf, corn, Diced Pears, Roll, Milk
S- Yogurt

16TH B-Assorted Cereal, Toast, Peaches, Milk
L- Beef & Cheese Mac, Green Beans, oranges, Milk
S- Teddy Grahams/I&T Grahams

19TH B- Assorted Cereal, Grahams, Oranges/I&T M. Oranges, Milk
L- Beef Soft Taco, Pinto Beans, Mixed Fruit, Milk
S-Pudding

20TH B-Waffles, T Sausage, Baked Apples, Milk
L- Sloppy Jo, Potato Puffs, Peaches, Milk
S- Fresh fruit

21ST B- Assorted Cereal, Toast, Banana, Milk
L- BBQ Meatballs, Mixed Veggies, Diced Pears, Milk
S- Cheese & Crackers

22ND B- Breakfast Pizza, Applesauce, Milk
L-Grilled Chicken Sand, Pinto Beans, Mixed Fruit, Milk
S-Carrots& Ranch/I&T Yogurt

23RD Biscuit, T Sausage, Juice, Milk
L- Turkey & Cheese Sub, Raw Broccoli/ Steamed Broccoli, Pineapple, Milk
S-Teddy Grahams/I&T Grahams

26TH B- Assorted Cereal, Toast, Applesauce, Milk
L- Grilled Chicken Sand, Corn, Pineapple, Milk
S- Grahams

27TH B- Egg Pattie, Toast, Peaches, Milk
L- Salisbury Steak, Pears, Mashed Sweet Potatoes, Milk
S- Fresh Fruit

28TH B- Assorted Cereal, Toast, Bananas, Milk
L- BBQ Beef Sand, Carrots, Applesauce, Milk
S- Cheese& Crackers

29TH B- French Toast, T Sausage, Baked Apples, Milk,
L- Chicken Nuggets, Green Beans, Roll, Pears, Milk
S- Goldfish

30TH B- Toast & T Sausage, Oranges/I& T M. Oranges, Milk
L- Steak Fingers, mashed Potatoes, Peaches, Roll ,Milk
S- Yogurt



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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