

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

B- Blueberry Muffin, Baked **2**
Apples, Milk
L- Toasted Cheese, Broccoli/
steamed Broccoli I&T,
Peaches, Milk
S- Animal crackers/Corn
Chex Mix I&T

B- Biscuit, T Sausage, **3**
Apple/ I&T Applesauce,
Milk
L- Chicken Quesadillas,
Black Beans, Pineapples,
Milk, Cheese Quesadillas
S-Graham Crackers

B-Golden Graham Cereal, **4**
Toast, Banana, Milk
L- Chicken Alfredo, Green
Beans, Applesauce, Milk,
Veggie Nuggets
S- Yogurt

B-Breakfast Burrito, **5**
Oranges/I&T Pears, Milk
L-Hamburger, Potato
Puffs, Mixed Fruit, Milk,
Veggie Burger
S- Cheese & Crackers

B- Alpha bits Cereal, **6**
Grahams, Peaches, Milk
L- Fish Shapes, Sweet
Potato Fries, Pears, Roll,
Milk, Veggie Nuggets
S- Fresh Fruit

B- Apple Cinnamon Bar, **9**
Sausage, Oranges/I&T
Peaches, Milk
L- Sweet& Sour Chicken,
Green Beans, Pineapple,
Roll, Milk, Veggie Nuggets
S-Cheez- it

B- T Sausage, Toast, **10**
Applesauce, Milk
L- Pizza, Romaine&
Tomato Salad, Peaches,
Milk
S- Goldfish

B- Kix Cereal, Toast, **11**
Banana, Milk
L- Spaghetti & Meat Sauce,
Broccoli, Mixed Fruit, Roll,
Milk, Veggie Pasta & Meat
Sauce
S- Fruit cup

B- Biscuit, T Sausage, **12**
Apple/ I&T Pears, Milk
L- Beef & Cheese Mac,
Green Beans, Pears, Roll,
Milk, Cheesy Mac
S- Animal Crackers/I&T
Grahams

B-Apple Cinnamon Muffin,**13**
T Sausage, Baked Apples,
Milk
L- Meatloaf, Corn, Mixed
Fruit, Roll, Milk, Veggie
Pattie
S- Cheese & Crackers

B- Egg Pattie, Toast, **16**
Applesauce, Milk
L- Chicken Quesadilla,
Pinto Beans, Pears, Milk,
Cheese Quesadilla
S- Teddy Grahams/Corn
Chex

B- French Toast, **17**
Orange/I&T Mixed Fruit,
Milk
L-Sloppy Jo, Potato Puff,
Peaches, Milk, Veggie
Sloppy Jo
S- Fresh Fruit

B- Fruit Loops Cereal, **18**
Toast, Bananas, Milk
L- Fish Shapes, Sweet
Potato Fries, Pears, Roll,
Milk, Veggie Nuggets
S-Graham Crackers

B- Blueberry Bar, T Sausage, **19**
Applesauce, Milk, Veggie
Sausage
L- Meatball & Sauce, Broccoli,
Mixed Fruit, Roll, Milk, Veggie
Meatballs & Sauce
S- Cheez-it

B- Cheerios, Toast, Apple/I&T **20**
Pears, Milk
L- Turkey & Cheese Sand, Raw
Broccoli/ I&T Steamed
Broccoli, Pineapples, Milk,
Grilled Cheese
S-Fresh Fruit

B- Rice Chex, Grahams **23**
Crackers, Oranges/ I&T
Pineapples, Milk
L- Chicken Fajita, Black
Beans, Apples/I&T
Applesauce, Milk, Cheese
Quesadilla
S-Yogurt

B- Waffles, T Sausage, Baked **24**
Apples, Milk, Veggie Sausage
L- Salisbury Steak, Mashed
Sweet Potatoes, Pears, Roll,
Milk, Veggie Pattie
S- Animal Crackers/ Grahams

B- Cheerios, Toast, Banana **25**
Milk
L- BBQ Beef Sandwich,
Iceberg Tomato & Salad/I&T
Corn, Applesauce, Milk,
Veggie Crumble BBQ Sand
S-Fruit Cup

B- Breakfast Pizza, **26**
Applesauce, Milk
L- Chicken Alfredo,
Broccoli, Mixed Fruit, Roll,
Milk, Veggie Nuggets
S- Cheese & crackers

B- Biscuit, T Sausage, **27**
Apple/I&T Pears, Milk
L- Steak Fingers, Mashed
Potatoes, Peaches, Roll,
Milk, Veggie Meatballs
S- Fruit Cup

30

HOLIDAY

B- Egg Omelet, Toast, **31**
Oranges, Milk
L- Chicken Nuggets, Green
Beans, Pears, Roll, Milk,
Veggie Nuggets
S- Goldfish

Celebrate
SCHOOL LUNCH
HERO DAY
May 1

May
FEED YOUR
CREATIVITY



Announcements:

All Grains/ Whole/Fruit
is Lightly Drained
Vegetables: Steamed or
Served Raw
Milk: Whole, 1%, Skim
Condiments Are Served
Upon Request
Fresh Fruit Can Be Sub
for Canned Fruit
Menu Planned Choices
May Change do to
Shortages in the
Warehouse



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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