



MAY

2021

Callier Child Development



B-WG Toast, Turkey Sausage, Applesauce, butter, jelly, Milk
L-Cheese Pizza, Broccoli w/ranch, Peaches, Milk
S-Animal Crackers **3.**

B-KIX Cereal, WG Toast, Oranges, butter, jelly, Milk
L-Sweet + Sour Chicken, Green Beans, Pineapple, Roll, Milk
S-Yogurt **4.**

B-WG Pancake, syrup, Turkey Sausage, Mango, Milk
L-Beef Spaghetti, Carrots, Diced Pears, Roll, Milk
S-Cheese Stick w/Crackers **5.**

B- Cheerios, WG Toast, Banana, butter, jelly, Milk
L-Chicken Fajitas, Pinto Beans, Mixed Fruit, Milk
S-Graham Crackers **6.**

B-Cinnamon Toast, Baked Apples, butter, jelly, Milk
L-Toasted Cheese, Corn Apricots, Milk
S-Strawberries **7.**

B-WG Pancake, syrup, Turkey Sausage, Baked Apples, Milk
L-Beef Soft Taco, Pinto Beans, Mixed Fruit, Milk
S-Cheez-its **10.**

B-Cornchex, WG Toast, Oranges, butter, jelly, Milk
L-Sloppy Joe on Bun, Tater Tots, Peaches, ketchup, Milk
S-Fresh Pears **11.**

B-Boiled Egg, WG Toast, Mango, butter, jelly, Milk
L-Meatballs w/sauce, Green Beans, Pineapple, Roll, Milk
S-Yogurt **12.**

B-Cheerios, WG Toast, Banana, butter, jelly, Milk
L-Turkey & Cheese Sub, Broccoli w ranch, Apricots, Milk
S-Goldfish **13.**

B-Biscuit & Turkey Sausage, Peaches, butter, jelly, Milk
L-Fish Shapes, Sweet Potato Fries, ketchup, Pears, Roll, Milk
S-Cauliflower w/lite ranch **14.**

B-Cheerios, WG Toast, Oranges, jelly, butter, Milk
L-Toasted Cheese, Green Beans, Apricots, Milk
S-Teddy Cubs **17.**

B-Turkey Sausage, WG Toast, Applesauce, butter, jelly, Milk
L-Chicken Alfredo, Steamed Broccoli, Mixed Fruit, Roll, Milk
S-Strawberries **18.**

B-Cornchex, WG Toast, Banana, butter, jelly, Milk
L-Meatballs w/gravy, Mash Potato, Peaches, Roll, Milk
S-Cucumber slices w/ranch **19.**

B-WG Toast, Cheese, butter, Mango, Milk
L-Chicken Fajitas, Pineapples, Black Beans, Milk
S-Chex Mix Cheddar **20.**

B-WG French Toast, Turkey Sausage, Baked Apples, Milk
L-Salisbury Steak on bun*, Carrots, Diced Pears, Milk
S-Cantaloupe Cubes **21.**

B-Turkey Sausage, WG Toast, Oranges, butter, Milk
L-Grilled Chicken Nuggets, Green Beans, Pears, Roll, Milk
S-Cheese Stick w/crackers **24.**

B-WG Toast, Cornchex, Apple, butter, jelly, Milk
L-Rotini w/Meat Sauce, Carrots, Apricots, Milk
S-Cauliflower w/lite ranch **25.**

B-WG Toast, Egg Omelet, butter, Mango, jelly, Milk
L-Meatloaf, Corn, Mixed Fruit, Roll, Milk
S-Fresh Pears **26.**

B-Rice Chex, WG Toast, butter, Banana, Milk
L-Turkey & Cheese Sub, Pineapples, Broccoli w/ranch, Milk
S-Watermelon Chunks **27.**

B-WG Pancake, Turkey Sausage, Baked Apples, Milk
L-Hamburger, Pinto Beans, Peaches, Milk
S-Animal Crackers **28.**

MEMORIAL DAY
CALLIER CLOSED
31.

Special Announcements: **Vegetarian Options:** 05/04- Veggie Nuggets w/sweet + sour sauce, 05/05, 25- Veggie Spaghetti, 05/06, 20- Cheese Quesadilla, 05/10- Veggie Tacos, 05/11- Veggie Sloppy Joe, 05/12, 19- Veggie Balls, 05/13, 27- Toasted Cheese, 05/14, 18, 24- Veggie Nuggets, 05/21, 26, 28- Veggie Patty, **Milk Choices: Whole, 1%, or Fat-Free;** **Fruits are fresh or canned and lightly drained;** **Grains are 50% Whole Grain and will be 100% starting June;** **Vegetables are fresh, frozen, or canned and steamed**



BERRY BLAST OFF



The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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