

SEPTEMBER

2020

Callier Child Development



m

B-Toast, Cheese, Mango, jelly,
butter, Milk
L-Cheese Pizza, Green Beans,
Pineapple, Milk
S-Watermelon Chunks 1.

t

B-Rice Chex, Toast, Banana,
jelly, butter, Milk
L-Beef Spaghetti, Carrots, fresh
Pears, Bread, Milk
S-Cheddar Chex Mix 2.

w

B-Pancakes, Turkey Sausage,
Baked Apples, syrup, butter, Milk
L-BBQ Chopped Chicken on bun,
Black eye peas, Apricots, Milk
S- Avocado w/crackers 3.

th

B-Corn Chex, Toast, jelly,
Strawberries, butter, Milk
L-Turkey & Cheese Sub, raw
Broccoli w/ranch, Apple, Milk
S-Banana 4.

f

LABOR DAY
CALLIER CLOSED

7.

B-KIX Cereal, Toast, jelly,
butter, Applesauce, Milk
L-Toasted Cheese, Carrots,
Peaches, Milk
S- Graham Crackers 8.

8.

B-Egg Omelet, Toast, Oranges
butter, jelly, Milk
L-Meatballs, Green Beans,
fresh Pears, Roll, Milk
S- Broccoli Bites w/ranch 9.

9.

B-Biscuit, Turkey Sausage,
Apricots, butter, syrup, Milk
L-Chicken Fajita, Pinto Beans,
Pineapple, Milk
S-Cantaloupe Cubes 10.

10.

B-Cheerios, Toast, Bananas
butter, jelly, Milk
L-Hamburgers, Tater Tots,
ketchup, Mixed Fruit, Milk
S-Yogurt 11.

11.

B-Rice Chex, Toast, Strawberries
butter, jelly, Milk
L-Cheese Pizza, Romaine lettuce &
Tomato, Peaches, Milk
S- Teddy Grahams 14.

14.

B-Waffles, Turkey Sausage, Baked
Apples, syrup, butter, Milk
L-Soft Beef Taco, Pinto Beans,
Cantaloupe, Milk
S-Cauliflower bites w/ranch 15.

15.

B- Corn Chex, Toast, Mangos,
butter, jelly, Milk
L-Sweet + Sour Chicken w/rice
Green Beans, fresh pears, Milk,
Roll S- Watermelon Chunks 16.

16.

B-Toast, Cheese, Bananas, jelly,
butter, Milk
L-Turkey Taco Burger, Corn,
Pineapple, Milk
S-Apples 17.

17.

B-Turkey Sausage, Toast,
Oranges, butter, jelly, Milk
L-Fish Shapes, Sweet Potato
Fries, Mixed Fruit, Roll, Milk
S-Goldfish 18.

18.

B-Cheerios, Toast, butter, jelly,
Peaches, Milk
L-Toasted Cheese, Green
Beans, Oranges, Milk
S-Animal Crackers 21.

21.

B-French Toast, Mango, Turkey
Sausage, butter, syrup, Milk
L-Salisbury Steak Sandwich, Mash
Potatoes, Pineapples, Roll, Milk
S-Cucumber slices w/ranch 22.

22.

B- Egg Patties, Toast, butter,
jelly, Applesauce, Milk
L-Chicken Alfredo, steamed
Broccoli, Mixed Fruit, Roll, Milk
S- fresh Pears 23.

23.

B-Rice Chex, Toast, Bananas,
Butter, Jelly, Milk
L-Meatloaf, Black-eye peas,
Watermelon, Roll, Milk
S-Cheese Nips 24.

24.

B-Pancakes, Turkey Sausage,
Strawberries, butter, syrup, Milk
L -Chicken nuggets, Sweet Potato
fries, Apricots, Roll, Milk
S-Oranges 25.

25.

B-Corn Chex, Toast, jelly,
butter, Oranges, Milk
L-Cheese Pizza, steamed
Broccoli, Peaches, Milk
S-Graham Crackers 28.

28.

B-Biscuits, Turkey Sausage, jelly
Baked Apples, butter, Milk
L-Beef Soft Tacos, Corn,
Pineapple, Milk
S-Avocado w/crackers 29.

29.

B-KIX Cereal, Toast, Pears, jelly,
butter, Milk
L-Chicken Fajitas, Black Beans,
Milk, Apricots, Milk
S- Cantaloupe Cubes 30.

30.

Special Announcements:

Veggie Beef Patties or Veggie Taco meat/crumbles will be substituted for Beef Items; Veggie Chicken Wings will be substituted for Chicken items. Cheese Quesadilla or Toasted Cheese for other non-meat items

Grains are 50% whole Grain or more. Milk Choices :Whole, skim, or Fat-Free



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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DID YOU KNOW?

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