



DECEMBER

2019

GOOD EATS AT

100% Whole Grain Products Served
 Real Butter and Jelly served w/Breakfast Grains
 Milk Choices: Whole, Skim, 1%
 All Canned Fruit is in light syrup
 All Vegetables are Steamed

SPECIAL ANNOUNCEMENTS

Vegetarian Options:
 03- Veggie Nuggets w/sweet & sour sauce
 04- Veggie Spaghetti
 05- Veggie Nuggets w/BBQ sauce
 09- Veggie Taco
 10- Veggie Sloppy Joe
 11- Veggie Nuggets
 12- Veggie Taco Burger
 13, 19- Veggie Balls
 16- Cheese Quesadilla
 17- Veggie Patty
 20- Toasted Cheese

I'm **POWERFUL** PETE

M	T	W	TH	F
B-Pancake & Turkey Sausage, syrup, Baked Apples, Milk L-Cheese Pizza, Romaine & Tomato, Peaches, ranch, Milk, Animal Crackers 2	B-Cornchex Cereal, Toast, Oranges, Milk L-Sweet & Sour Chicken, Rice, Green Beans, Pineapple, Roll, Milk S-Banana 3	B-Egg Patty, Toast, Apple, Milk L-Beef Spaghetti, Carrots, Pears, Roll, Milk S-Yogurt 4	B-Cheerios, Toast, Banana, Milk L-BBQ Chopped Chicken Sandwich, Pinto Beans, Mixed Fruit, Milk S-Cheese stick/Crks 5	B-Biscuit & Turkey Sausage, Apple, Milk L-Toasted Cheese, Corn, Mixed Fruit, Milk S-Graham Crackers 6
B-Cheerios, Toast, Oranges, Milk L-Beef Soft Taco, Pinto Beans, Mixed Fruit, Milk S-Cheese Nips 9	B-Turkey Sausage, Toast, A-Sauce, Milk L-Sloppy Joe on bun, Tator Tots, Peaches, ketchup, Milk S-Hummus Crkr 10	B-Cornchex Cereal, Toast, Banana, Milk L-Fish Shapes, Sweet Potato Fry, ketchup, Pears, Roll, Milk S-Oranges 11	B-Biscuit & Turkey Sausage, Mango Milk L-Turkey Taco Burger, Iceberg & Tomato ranch, Apricots, Milk S-Apples 12	B-French Toast & Turkey Sausage syrup Baked Apples, Milk L-Beef Meatballs, steamed Broccoli, Mixed Fruit, Roll, Milk S-Goldfish 13
B-Turkey Sausage, Toast, Oranges, Milk L-Chicken Fajitas, Black Beans, Apples, Milk S-Yogurt 16	B-Cornchex Cereal, Toast, Apple, Milk L-Salisbury Steak Sandwich, Carrots, Pears, Roll, Milk S-Broccoli w/ranch 17	B-Toast & Egg Patty, Oranges, Milk L-Toasted Cheese, Iceberg & Tomato w/ranch, Applesauce, Milk S-Hummus, Crackers 18	B- Rice Chex Cereal, Toast, Banana, Milk L-Meatballs w/gravy, Mash Potato, Peaches, Roll, Milk S-Teddy Cubs 19	B-Kix Cereal, Toast, Applesauce, Milk L-Turkey & Cheese Sub, raw Broccoli w/ranch, Banana, Milk S-Graham Crackers 20
Winter Holiday 23	Winter Holiday 24	Winter Holiday 25	Winter Holiday 26	Winter Holiday 27
Winter Holiday 30	Winter Holiday 31			

